

October 2009



Mon	Tue	Wed	Thu	Fri
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Assorted types of
Chef Salads
 are also available
 each day!



			1 <u>Tuna Salad Sandwich</u> w/ lettuce & tomato Or <u>Pimento Cheese</u> <u>Sandwich</u> Or <u>PB & J Sandwich</u> With Diced Peaches and Milk	2 <u>New York Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk
5 <u>Turkey & Cheese Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	6 <u>Sandwich Wrap</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fruity Jello and Milk	7 <u>Ham, Turkey & Cheese</u> <u>Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	8 <u>Egg Salad</u> <u>Sandwich</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Orange Sherbet and Milk	9 <u>New York Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk
12 <u>Turkey & Cheese Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	13 <u>Ham & Cheese</u> <u>Sandwich</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Rosy Applesauce and Milk	14 <u>Ham, Turkey & Cheese</u> <u>Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	15 <u>Ham Salad Sandwich</u> w/ lettuce & tomato Or <u>Pimento Cheese</u> <u>Sandwich</u> Or <u>PB & J Sandwich</u> With Banana and Milk	16 <u>New York Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk
19 <u>Turkey & Cheese Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	20 <u>Sandwich Wrap</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fruity Jello and Milk	21 <u>Ham, Turkey & Cheese</u> <u>Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	22 <u>Chicken Salad</u> <u>Sandwich</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Lime Sherbet and Milk	23 <u>New York Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk
26 <u>Turkey & Cheese Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	27 <u>Ham & Turkey Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Orange Wedges and Milk	28 <u>Ham, Turkey & Cheese</u> <u>Sub</u> w/ lettuce & tomato Or <u>PB & J Sandwich</u> With Fresh Fruit and Milk	29 <u>Tuna Salad Sandwich</u> w/ lettuce & tomato Or <u>Pimento Cheese</u> <u>Sandwich</u> Or <u>PB & J Sandwich</u> With Diced Peaches and Milk	30 Student Holiday

**Middle &
High
School**

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