

November 2009

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p><u>Chicken Nuggets & Roll or Hamburger Steak</u> w/ Mashed Potatoes & Gravy, Stir Fried Veggies, Broccoli Salad, Candied Apple Wedges</p> <p>and Milk (3rd choice—PB & J)</p>	<p>3</p> <p><u>Chicken & Rice Soup with PB&J or Grilled Cheese Sandwich</u> or <u>Hamburger with lettuce & tomato</u> w/ Diced Peaches, Corn</p> <p>and Milk (3rd choice—Ham sandwich)</p>	<p>4</p> <p><u>Beef Nachos or Chicken Filet Sandwich</u> w/ lettuce, cheese and tomato, Baked Potato, Broccoli Salad, Fruit Cocktail</p> <p>and Milk (3rd choice—PB & J)</p>	<p>5</p> <p><u>BBQ Chicken or Beef Nuggets</u> w/ Roll, Yellow Rice, Green Beans, Sweet Potato Casserole, Orange Sherbet, Applesauce</p> <p>and Milk (3rd choice—Turkey & Cheese Sandwich)</p>	<p>6</p> <p><u>Cheese Pizza</u> or <u>Fish Sandwich</u> w/ Garden Salad, Buttery Corn, Fresh Grapes, Broccoli Salad</p> <p>and Milk (3rd choice—PB & J)</p>
<p>9</p> <p><u>Hot Dog with Chili and French Fries</u> or <u>Oriental Chicken Bowl</u> with Stir Fried Veggies w/ Cole Slaw, Waldorf Fruit Salad, Rosy Applesauce</p> <p>and Milk (3rd choice—PB & J)</p>	<p>10</p> <p><u>Vegetable Beef Soup with PB&J or Grilled Cheese Sandwich</u> or <u>Chicken Filet Sandwich</u> with lettuce & tomato w/ Fresh Apple, Corn</p> <p>and Milk (3rd choice—Turkey & Cheese Sandwich)</p>	<p>11</p> <p><u>Spaghetti with Garlic Bread or Chicken Filet Sandwich</u> w/ Garden Salad, Baked Potato, Waldorf Fruit Salad, Orange Wedges</p> <p>and Milk (3rd choice—PB & J)</p>	<p>12</p> <p><u>Fried Chicken or Beef Nuggets</u> w/ Roll, Rice & Gravy, Green Beans, Carrots, Buttery Corn, Cherry Fruit Icee</p> <p>and Milk (3rd choice—Ham sandwich)</p>	<p>13</p> <p><u>Sausage Pizza</u> or <u>Ham & Cheese Wrap</u> w/ Garden Salad, Corn on the Cob, Waldorf Fruit Salad, Pineapple Chunks</p> <p>and Milk (3rd choice—PB & J)</p>
<p>16</p> <p><u>Chicken Nuggets & Roll or Hot Ham & Cheese Sandwich</u> w/ Mashed Potatoes, Stir Fried Veggies, Mixed Fruit, Fresh Carrot Sticks</p> <p>and Milk (3rd choice—PB & J)</p>	<p>17</p> <p><u>Chicken Noodle Soup with PB&J or Grilled Cheese Sandwich</u> or <u>Hamburger with lettuce & tomato</u> w/ Corn, Apple Crisp</p> <p>and Milk (3rd choice—Ham sandwich)</p>	<p>18</p> <p><u>Beef Tacos or Chicken Filet Sandwich</u> w/ lettuce, tomato & cheese, Baked Potato, Diced Peaches, Fresh Carrot Sticks</p> <p>and Milk (3rd choice—PB & J)</p>	<p>19</p> <p><i>Holiday Meal!</i> Turkey & Dressing w/ Green Beans, Sweet Potato Soufflé, Cranberry Salad, Roll</p> <p>and Milk (3rd choice—PB & J)</p>	<p>20</p> <p><u>Cheese Pizza</u> or <u>Fish Sticks</u> w/ Garden Salad, Buttery Corn, Fresh Carrot Sticks, Banana</p> <p>and Milk (3rd choice—PB & J)</p>
<p>23</p> <p><u>Cheeseburger with lettuce & tomato</u> or <u>Chicken Salad with Crackers</u> w/ French Fries, Cucumber & Carrot Coins, Orange Wedges, Fruit Cocktail</p> <p>and Milk (3rd choice—PB & J)</p>	<p>24</p> <p><u>Chili with Beans & Crackers</u> or <u>Corn Dog</u> w/ Corn on the Cob, Raw Veggie Sticks, Diced Peaches</p> <p>and Milk (3rd choice—Turkey & Cheese Sandwich)</p>	<p>25</p> <p>Schools Closed</p>	<p>26</p> <p>Schools Closed</p> <p></p> <p>Happy Thanksgiving!</p>	<p>27</p> <p>Schools Closed</p>
<p>30</p> <p><u>Chicken Nuggets & Roll or Hamburger Steak</u> w/ Mashed Potatoes & Gravy, Stir Fried Veggies, Broccoli Salad, Candied Apple Wedges</p> <p>and Milk (3rd choice—PB & J)</p>				



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