
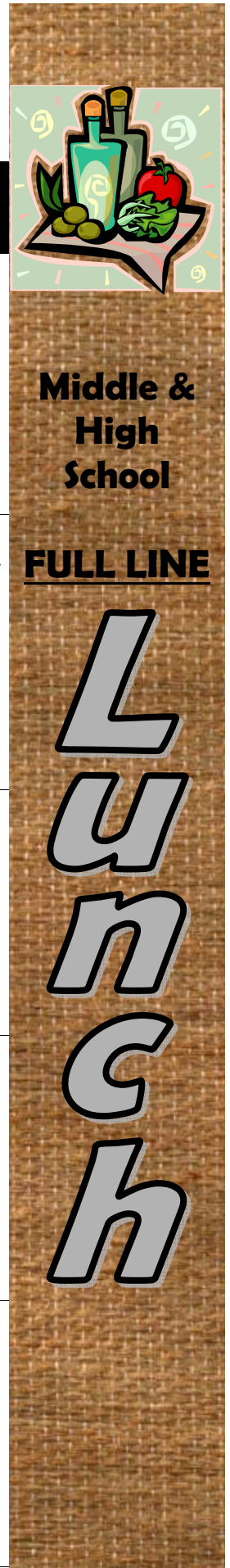


January 2010

Mon	Tue	Wed	Thu	Fri
				1  Schools Closed
4 <u>Chicken Nuggets & Roll</u> w/ Scalloped Potatoes, Steamed Broccoli, Fresh Carrot Sticks, Candied Apple Wedges and Milk	5 <u>Vegetable Beef Soup with PB&J or Grilled Cheese Sandwich</u> w/ Fresh Apple, Corn and Milk	6 <u>Ham, Potato & Broccoli Casserole</u> w/ Garden Salad, Succotash, Fresh Carrot Sticks, Peach Cobbler, Garlic Bread and Milk	7 <u>Fried or Baked Chicken</u> w/ Roll, Yellow Rice, Green Lima Beans, Candied Yams, Banana and Milk	8 <u>Hamburger Steak</u> w/ Mashed Potatoes & Gravy, Green Beans, Roll, Pineapple Chunks and Milk
11 <u>Chicken Nuggets & Roll</u> w/ Mashed Potatoes & Gravy, Mixed Vegetables, Candied Apple Wedges, Cucumber & Tomato Salad and Milk	12 <u>Chicken Noodle Soup with PB&J or Grilled Cheese Sandwich</u> Corn, Apple Crisp and Milk	13 <u>Beef Tacos</u> w/ lettuce, tomato & cheese, Corn on the Cob, Diced Peaches, Cucumber & Tomato Salad and Milk	14 <u>Fried Chicken & Roll</u> w/ Rice & Gravy, Green Beans, Potato Salad, Lime Sherbet and Milk	15 <u>Chili Stuffed Baked Potato</u> w/ Cucumber & Tomato Salad, Steamed Broccoli, Fresh Fruit Cup, Crackers and Milk
18  Schools Closed	20 Student Holiday	21 <u>Spaghetti</u> w/ Garden Salad, Buttery Corn, Apple Crisp, Garlic Bread and Milk	22 <u>Fried or Baked Chicken</u> w/ Roll, Brown Rice, Green Bean Casserole, Spiced Carrots, Diced Peaches and Milk	23 <u>Chicken Chimichangas</u> w/ Lettuce & Tomato, Corn on the Cob, Broccoli Salad, Waldorf Fruit Salad and Milk
26 <u>Chicken Nuggets & Roll</u> w/ Mashed Potatoes & Gravy, Corn, Three Bean Salad, Diced Peaches and Milk	27 <u>Chicken & Rice Soup with PB&J or Grilled Cheese Sandwich</u> w/ Diced Peaches, Corn and Milk	28 <u>Beef Nachos</u> w/ lettuce, cheese and tomato, Buttery Corn, Three Bean Salad, Candied Apple Wedges and Milk	29 <u>Fried Chicken</u> w/ Roll, Rice & Gravy, Green Beans, Steamed Cabbage, Orange Sherbet, and Milk	30 <u>Oriental Beef Bowl</u> w/ Stir Fried Veggies, Buttery Corn, Rosy Applesauce and Milk



Middle & High School

FULL LINE

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