Striving to meet the academic, personal/social and career needs of all students

HOW CAN A STUDENT SEE THE SCHOOL COUNSELOR?

REFERRALS CAN BE MADE BY:

- STUDENT
- TEACHER
- PARENT/GUARDIAN
- COUNSELOR
- ADMINISTRATOR
- FRIEND

Benefits for Students

- Improves academic performance and success in school
- Promotes knowledge for career exploration and development
- Develops decision-making and problem solving skills
- Assists in acquiring knowledge of self and relating effectively to others
- Broadens knowledge of our changing world
- Monitors data to facilitate student improvement

Benefits for Parents

- Provides support in advocating for their children's academic, career and personal/social development
- Supports partnership in their children's learning and career planning
- Increases knowledge of the assistance and information parents and students can receive from the counselor and school

Benefits for Teachers

- Encourages positive, supportive working relationships
- Supports an interdisciplinary team approach to address student needs and core standards and competencies
- Increases likelihood of academic success
- Supports the learning environment

Benefits for Community

- Provides a potential workforce with decision-making skills, pre-employment skills and increased worker maturity
- Provides an increased opportunity for collaboration among counselors and business, industry and labor communities
- Increases opportunity for business, industry and labor to participate actively in the total school program

Based on the American School Counselor Association (ASCA) National Model

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School Counselor

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THE ELEMENTARY SCHOOL COUNSELOR...

- PROVIDES IMMEDIATE AND SHORT-TERM INDIVIDUAL COUNSELING
- TEACHES CLASSROOM GUIDANCE LESSONS
- CONDUCTS SMALL GROUP COUNSELING SESSIONS
- MEETS WITH "LUNCH BUNCH" GROUPS
- WORKS COLLABORATIVELY WITH TEACHERS AND STAFF
- CONSULTS WITH PARENTS
- PROVIDES INFO AND/OR REFERRALS FOR COMMUNITY RESOURCES TO FAMILIES
- FACILITATES EFFECTIVE COMMUNICATION BETWEEN STUDENTS, STAFF AND PARENTS
- HELPS CHILDREN DEVELOP AND BUILD POSITIVE FEELINGS ABOUT THEMSELVES, FAMILY AND SOCIETY
- COORDINATES A SCHOOL-WIDE CAREER DAY AS WELL AS OTHER SCHOOL-WIDE ACTIVITIES

TOPICS DISCUSSED DURING CLASSROOM GUIDANCE INCLUDE...

LEARNING TO LEARN
(ACADEMIC DEVELOPMENT)
- ORGANIZATION AND STUDY SKILLS
- SETTING GOALS
- FOLLOWING DIRECTIONS
- STRESS MANAGEMENT

LEARNING TO LIVE
(PERSONAL/SOCIAL DEVELOPMENT)
- COPING SKILLS
- IDENTIFICATION/EXPRESSION OF FEELINGS
- INDIVIDUAL DIFFERENCES
- DECISION-MAKING SKILLS
- CONFLICT RESOLUTION/PROBLEM-SOLVING SKILLS
- FRIENDSHIP SKILLS
- SAFETY
- CHARACTER DEVELOPMENT

LEARNING TO WORK
(CAREER DEVELOPMENT)
- CAREER/COLLEGE AWARENESS
- RELATIONSHIP BETWEEN WORK AND LEARNING

INDIVIDUAL/SMALL GROUP COUNSELING TOPICS...

- SELF-ESTEEM
- SOCIAL SKILLS
- FRIENDSHIP SKILLS
- CHANGING FAMILIES (DIVORCE, SEPARATION)
- PROBLEM SOLVING/CONFLICT RESOLUTION
- ACADEMIC SUPPORT
- NEWCOMER'S GROUP
- ANGER MANAGEMENT
- GRIEF/LOSS
- GIRLS GROUP