Tips for eLearning Success

Students

·Set up a **distraction-free** work environment in your home.
·Establish and stick to a **regular schedule** every school day (sleep, meals, etc.).
·Schedule brain and body **breaks.**
·Maintain regular school day **routine** all week.
·Check Google classroom and HCS email regularly throughout the day and week
·**Stand up** for a few minutes during a virtual lesson
·Listen to white noise or soft background music while working.
·**Use fidget(s);** they may help you concentrate better.
·**Set reminders** on your phone about class start times, due dates, and other tasks.
·Make use of a calendar/planner regularly.
·Schedule and take regular breaks; it's critical for maintaining focus.
·**Communicate** maturely and respectfully online with teachers and peers.
·Set new personal bests/**goals** each week.
·Put in the effort to complete additional activities as opportunities arise.
·**Reach out to teachers** as needed (extra assistance, clarification, directions, etc.).
·Check in every day with every class.
·Take responsibility for yourself and your work.
·Make use of support resources, including the S.H.A.R.K. Support program.

Parents

·Assist your student(s) with reviewing work, creating **To Do lists**, meeting deadlines, etc.
·Designate a **specific area** at home for completing schoolwork.
·Hold your student(s) **accountable** for completing work in a timely fashion.
·Regularly (daily/weekly) discuss work to be done, grades, challenges, & goals.
·**Check PowerSchool** for grade updates and missing assignments.
·Don't allow your student(s) to work during school hours.
·Keep open lines of communication with teachers.
·Encourage your student(s) to maintain **regular routines** during the school week.
·**Utilize YouTube** and other resources to assist your student(s).
·Acquaint yourself with the S.H.A.R.K. Support program.