

Dear Parents or Guardians,

Physical Education Philosophy

You will be pleased to know that our staff is working hard to provide your child with a quality physical activity education. According to the National Association for Sport and Physical Education (NASPE), physical activity education in school physical education programs is the cornerstone of an active lifestyle for all students. Our school program is designed to provide the skills, knowledge and attitudes that facilitate choosing physical activity after school, at home and in the community.

As a highly-qualified physical education teacher, I want you to know that I pledge to:

- Establish a positive, safe learning environment for all students
- Teach a variety of physical activities that make physical education class fun and enjoyable
- Create maximum opportunities for students of all abilities to be successful
- Promote student honesty, integrity and good sportsmanship
- Guide students into becoming skillful and confident movers
- Facilitate the development and maintenance of physical fitness
- Assist students in setting and achieving personal goals
- Provide specific, constructive feedback to help students master motor skills
- Afford opportunities for students to succeed in cooperative and competitive situations
- Prepare and encourage students to practice skills and be active for a lifetime

I would like to invite you to visit our physical education class. You will see children participating in developmentally appropriate activities that will help increase their physical competence, sense of capability and joy of being physically active no matter what their physical abilities may be.

By enhancing your children's physical activity education, I am certain we will be able to help your children enjoy a lifetime of physical activity and good health. I welcome your support!

Sincerely,

Terry Lee

Physical Educator